

Divine Mercy Perpetual Adoration Chapel  
Immaculate Conception Church  
467 Delaware Ave, Kingston, NY 12401

# Visiting Jesus

In this world I cannot see the most high Son of God with my own eyes, except for his most holy Body and Blood. St. Francis of Assisi

February, 2023

## Through the Eyes of Faith

“When you look at the crucifix, you understand how much Jesus loved you then. When you look at the sacred Host, you understand how much Jesus loves you now.” – St. Teresa of Calcutta

“Do you realize that Jesus is there in the tabernacle expressly for you - for you alone? He burns with desire to come into your heart.” – St Therese of Lisieux

“If we really loved the good God, we would make it our joy and happiness to come and spend a few moments to adore Him, and ask Him for the grace of forgiveness; and we would regard those moments as the happiest of our lives.” – St. John Vianney.

“God is as really present in the consecrated Host as He is in the glory of heaven.” – St Paschal Baylon.

“The greatest love story of all time is contained in a tiny white Host.” – Archbishop Fulton Sheen

“Lord God, if I truly appreciated the majestic humility of the Eucharist...it would change my life forever.” – Mother Angelica



For information on Adoration, please contact Fr. Mirek: (845) 331-0846 or visit our webpage at:

<https://www.immaculateconceptionkingston.com/adoration-chapel-1>

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Peace and Joy to all. This is the sixth installment of a Eucharistic greeting card will. It is a prayer of faith, and an invitation as well as a challenge to all faithful Catholics. Hopefully it will inspire you to more fully appreciate Jesus' gift of the Holy Eucharist and inspire a deeper understanding of the mystery of Jesus' institution of the Blessed Sacrament, that is, His Real Presence. It can also be a useful guide to adoring and worshipping Jesus, our Eucharistic Savior.

This month I would like to share with you some excerpts from a book I'm reading named "Catechism of the Spiritual Life" by Cardinal Robert Sarah and wanted to share them with you in our quest to understand the mystery of the Eucharist left by Jesus for all.

"During the Exodus, God walked in the midst of His people in the desert, thus foretelling the sacramental presence by which He was to remain through the ages in the midst of His Church. What an extraordinary reassurance this permanent presence of God in our midst is! For Him to come to our aid when fear and temptations assail us, we only need to trust in Him and to cry out to Him. He walks ahead of us so as to clear the way for us; He is in our midst through His Word, and He comes into us through the sacrament of the Eucharist, in a union that Saint Hilary of Poitiers celebrated with these words:

We believe that the Word became flesh and that we receive his flesh in the Lord's Supper. How then can we fail to believe that he really dwells within us?

When he became man, he actually clothed himself in our flesh, uniting it to himself for ever. In the sacrament of his body he actually gives us his own flesh, which he has united to his divinity. This is why we are all one, because the Father is in Christ, and Christ is in us".

Cardinal Sarah continues "God creates humanity in order to marry it, and He marries it by becoming incarnate — marry in the strongest sense of the term; in other words, become one flesh with it. God wants to be one flesh with all humanity. This is God's plan."

"Yes, without the Body and Blood of the Lord, we Christians cannot live. When the assemblies of our brethren were forbidden with the utmost severity in the early centuries, they proved their courage and accepted death rather than miss the Sunday Eucharist. Without the presence of Jesus in the Eucharist, the world is doomed to barbarity, decadence, and death. No government and no ecclesiastical authority can legitimately forbid the celebration of the Eucharist."

Cardinal Sarah recounts what the Saints have undergone for the Eucharist and the Mass. He challenges us in these times to follow their witness in how we value our own faith. Jesus, through His Church, is reaching out to share Himself with us now and always in the Eucharist as he humbly did when he became flesh and suffered His passion for our salvation.

I hope this card will make the Presence of Lord in the Eucharist more "Real" and may your time spent with our Lord in the Blessed Sacrament bring you peace, consolation and joy.

The History of Eucharistic Adoration  
Development of Doctrine in the Catholic Church  
by John A. Hardon, S.J

(Exerpt from Chapter II)

Toward the end of the eleventh century we enter on a new era in the history of Eucharistic adoration. Until then the Real Presence was taken for granted in Catholic belief and its reservation was the common practice in Catholic churches, including the chapels and oratories of religious communities. Suddenly a revolution hit the Church when Berengarius (999-1088), archdeacon of Angers in France, publicly denied that Christ was really and physically present under the species of bread and wine. Others took up the idea and began writing about the Eucharistic Christ as not exactly the Christ of the Gospels or, by implication, as not actually there.

The matter became so serious that Pope Gregory VII ordered Berengarius to sign a retraction. This credo has made theological history. ***It was the Church's first definitive statement of what had always been believed*** and never seriously challenged. The witness came from the abbot-become-pope, whose faith in the Blessed Sacrament had been nourished for years in a Benedictine monastery.

Gregory's teaching on the Real Presence was quoted verbatim in Pope Paul VI's historic document *Mysterium Fidei* (1965) to meet a new challenge to the Eucharist in our day--very similar to what happened in the eleventh century.

I believe in my heart and openly profess that the bread and wine placed upon the altar are, by the mystery of the sacred prayer and the words of the Redeemer, substantially changed into the true and life-giving flesh and blood of Jesus Christ our Lord, and that after the consecration, there is present the true body of Christ which was born of the Virgin and offered up for the salvation of the world, hung on the cross and now sits at the right hand of the Father, and that there is present the true blood of Christ which flowed from his side. They are present not only by means of a sign and of the efficacy of the Sacrament, but also in the very reality and truth of their nature and substance.

With this profession of faith, the churches of Europe began what can only be described as a Eucharistic Renaissance. Processions of the Blessed Sacrament were instituted; prescribed acts of adoration were legislated; visits to Christ in the pyx were encouraged; the cells of anchoresses had windows made into the church to allow the religious to view and adore before the tabernacle. An early ordinal of the Carmelites included the words "for the devotion of those in the choir" when referring to the reservation of the species. From the eleventh century on, devotion to the Blessed Sacrament reserved in the tabernacle became more and more prevalent in the Catholic world. At every stage in this development, members of religious orders of men and women took the lead.

*To learn more about the Eucharistic Revival, a nationwide movement to restore understanding and devotion to this great mystery here in the United States, please see the website: <https://www.eucharisticrevival.org/>*