

Divine Mercy Perpetual Adoration Chapel
Immaculate Conception Church
467 Delaware Ave, Kingston, NY 12401



Visiting Jesus

In this world I cannot see the most high Son of God with my own eyes, except for his most holy Body and Blood.

St. Francis of Assisi

December 2022

Through the Eyes of Faith

“When you look at the crucifix, you understand how much Jesus loved you then. When you look at the sacred Host, you understand how much Jesus loves you now.” – St. Teresa of Calcutta

“Do you realize that Jesus is there in the tabernacle expressly for you - for you alone? He burns with desire to come into your heart.” – St. Therese of Lisieux

“If we really loved the good God, we would make it our joy and happiness to come and spend a few moments to adore Him, and ask Him for the grace of forgiveness; and we would regard those moments as the happiest of our lives.” – St. John Vianney.

“God is as really present in the consecrated Host as He is in the glory of heaven.” – St. Paschal Baylon.

“The greatest love story of all time is contained in a tiny white Host.” – Archbishop Fulton Sheen

“Lord God, if I truly appreciated the majestic humility of the Eucharist...it would change my life forever.” – Mother Angelica



For information on Adoration, please contact Fr. Mirek: (845) 331-0846 or visit our webpage at:

<https://www.immaculateconceptionkingston.com/adoration-chapel-1>

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Peace and Joy to all. This is the fourth installment of a Eucharistic greeting card if you will. It is a prayer, and an invitation as well as a challenge to all faithful Catholics. Hopefully it will inspire you to more fully appreciate Jesus' gift of the Holy Eucharist and inspire a deeper understanding of the mystery of Jesus' institution of the Blessed Sacrament, that is, His Real Presence. It can also be a useful guide to adoring and worshipping Jesus, our Eucharistic Savior.

This month it is appropriate to talk about how the Lord's presence was first described in the New Testament. The following is an excerpt from a book titled "Manual for Eucharistic Adoration" written by The Poor Clares of Perpetual Adoration (the same order as Mother Angelica). This reflection is on the first three Joyful Mysteries of the Rosary; that is the Annunciation, Visitation and Birth of Jesus which have their foundation in the gospels of St. Matthew and St. Luke. "In the mystery of the Annunciation, Jesus the eternal Word of the Father, the second person of the Most Holy Trinity, is made flesh in the womb of the Virgin Mary. Jesus comes to live in Mary-Body Blood, Soul and Divinity-because her soul is perfectly receptive to the workings and will of God" When we visit Jesus in the Blessed Sacrament we should imitate Mary's disposition.

"In the Mystery of the Visitation, Our Lady carries Jesus, hidden in her womb, to visit her cousin Elizabeth who is pregnant with John the Baptist. In this meeting of two holy women...Mary is caught up in an ecstatic hymn of praise (the Magnificat) and the Holy Spirit fills Elizabeth to prophesize "Blessed are you among women, and blessed is the fruit of your womb! And blessed is she who believed that there would be a fulfillment of what was spoken to her from the Lord." When visiting Jesus, do we imitate Mary's faith?

"Finally let's take a look at the mystery of the Nativity-specifically the response of the Magi when they finally have the consolation of looking upon the Lord, whom they had so ardently sought: "And going into the house they saw the Child with Mary, His mother, and they fell down and worshiped Him"

"In sum, Mary becomes a living tabernacle. Jesus' hidden presence has great power. As soon as God is made visible, He is Adored."

Would we travel great distances just to lay our eyes on Jesus? The Jesus in the monstrance is the same baby in the manger, the same baby in the womb that the Lord promised and Elizabeth proclaimed.

I hope this card will make the presence of Lord in the Eucharist more "real" and may your time spent with our Lord in the Blessed Sacrament bring you peace, consolation and joy. Pax et Bonum

Regnum Christi Communications Meditation

First Joyful Mystery: The Annunciation to Mary

Luke 1:28, 31, 38.

Reflection: In the quiet of a garden, God proposes (through an angel) and a woman accepts. Mary is accepting to walk into a mystery. She does not know what lies ahead on this new path, but she knows who is asking and she trusts in him. There are many annunciation moments in our life, and sometimes we hesitate to say yes because we cannot foresee the future or control what will happen. In this mystery, ask Mary to give you a deep trust in the one who invites you to follow. Ask her to help you trust that even if the path ahead is full of crosses, God will be walking with you. If you hold his hand in the darkness, he will give you strength, peace, and an intimate joy that nothing can take away.

Second Joyful Mystery: The Visitation

Luke 1:42-44.

Reflection: One of the wonders of God's plan is that he chooses to associate souls, one to another, so that they help each other on their journey. As cousins, Mary and Elizabeth share a bond of kinship. But they also share a spiritual kinship because of how the Holy Spirit is acting in their lives, fashioning the Messiah and his prophet deep inside their wombs. During those months, Mary and Elizabeth don't just sit around waiting. They are working, preparing for Elizabeth's baby, quietly conversing, and praying. Together, they are like a little monastic community. In our lives too, God gives us spiritual friendships and soul-mates who help us grow closer to him. Sometimes he links our lives together for a larger purpose that will reveal itself with time. In this mystery, ask Mary to help you and your spiritual friends listen carefully for God's voice in your lives, so that you can walk with him and with each other.

Third Joyful Mystery: The Nativity

Luke 2:6-7. *“And it came to pass while they were there, that the days for Mary to be delivered were fulfilled. And she brought forth her firstborn son, and wrapped him in swaddling clothing and laid him in a manger, because there was no room for them in the inn.”*

Catechism of the Catholic Church: #437, 535-536

Reflection: All of Bethlehem was dark and quiet when the Savior made his entrance into the world, and his first home was in the protective circle of Mary's arms. Imagine how Mary's heart shone with a love spanning the tender, protective love of a mother holding her baby in her arms and the profound adoration of a soul adoring her Creator and Lord in the flesh. This was a day of fulfillment and joy—one of many along a path also rich in crosses. Nine months ago, she had given that first “yes” in the garden. Now it had become a life, a beautiful baby. It was so clear now that everything—even the future crosses that would be her “birth pains”—were worth it. In our lives too, there are times when God asks us to make a choice that we do not fully understand, and the blessing reveals itself only later in time. Once the blessing comes, we understand that the only way to understand God's plan was to live it. In this mystery, ask Mary for the grace to believe in the blessings that were promised in your own life, even if they seem slow in coming. The most exquisite flowers sometimes take the longest to develop.