

Divine Mercy Perpetual Adoration Chapel
Immaculate Conception Church
467 Delaware Ave, Kingston, NY 12401

Visiting Jesus

In this world I cannot see the most high Son of God with my own eyes, except for his most holy Body and Blood.

St. Francis of Assisi

January, 2023

Through the Eyes of Faith

“When you look at the crucifix, you understand how much Jesus loved you then. When you look at the sacred Host, you understand how much Jesus loves you now.” – St. Teresa of Calcutta

“Do you realize that Jesus is there in the tabernacle expressly for you - for you alone? He burns with desire to come into your heart.” – St Therese of Lisieux

“If we really loved the good God, we would make it our joy and happiness to come and spend a few moments to adore Him, and ask Him for the grace of forgiveness; and we would regard those moments as the happiest of our lives.” – St. John Vianney.

“God is as really present in the consecrated Host as He is in the glory of heaven.” – St Paschal Baylon.

“The greatest love story of all time is contained in a tiny white Host.” – Archbishop Fulton Sheen

“Lord God, if I truly appreciated the majestic humility of the Eucharist...it would change my life forever.” – Mother Angelica



For information on Adoration, please contact Fr. Mirek: (845) 331-0846 or visit our webpage at:

<https://www.immaculateconceptionkingston.com/adoration-chapel-1>

For information about this letter contact Robert at rlmessa826@gmail.com.

Peace and Joy to all. This is the fifth installment of a Eucharistic greeting card if you will. It is a prayer, and an invitation as well as a challenge to all faithful Catholics. Hopefully it will inspire you to more fully appreciate Jesus' gift of the Holy Eucharist and inspire a deeper understanding of the mystery of Jesus' institution of the Blessed Sacrament, that is, His Real Presence. It can also be a useful guide to adoring and worshipping Jesus, our Eucharistic Savior.

This month I would like to share with you Pope St John Paul II's spirituality and love of the Blessed Sacrament. It is well known that he could not resist the opportunity to worship our Eucharistic Lord whenever he visited other churches. I selected quotations most appropriate to Eucharistic Adoration as is available to all of us in the Divine Mercy Perpetual Adoration Chapel.

“To place ourselves before Jesus in the Eucharist, to take advantage of our “moments of solitude” and to fill them with this Presence, is to enliven our consecration by our personal relationship with Christ, from whom our life derives its joy and its meaning.” (Letter to Priests, 2005)

“The worship of the Eucharist outside of the Mass is of inestimable value for the life of the Church... It is pleasant to spend time with Him, to lie close to his breast like the Beloved Disciple (Jn 13:25) and to feel the Infinite love present in His heart.

If in our time Christians must be distinguished above all by the “art of prayer”, how can we not feel a renewed need to spend time in spiritual converse, in silent adoration, in heartfelt love before Christ present in the Most Holy Sacrament?... The Eucharist is a priceless treasure; By not only celebrating it but also by praying before it outside of Mass, we are enabled to make contact with the very wellspring of grace. (Encyclical On the Eucharist, 2003)

“The Church and the world have a great need for Eucharistic worship. Jesus awaits us in the sacrament of love. Let us not refuse the time to go to meet Him in adoration, in contemplation full of faith, and open to making amends for the serious offenses and crimes of the world. Let our adoration never cease.” (The Mystery and Worship of the Eucharist)

In this year of the “Eucharistic Revival”** it is appropriate to let Pope St. John Paul II teach us what his faith let him see about Jesus' Presence in the Blessed Sacrament. His words talk to us as a father who loves his children. How blessed we are to have this devotion perpetually available to us. On the reverse side of this letter are some regulations required of us.

I hope this card will make the Presence of Lord in the Eucharist more “Real” and may your time spent with our Lord in the Blessed Sacrament bring you peace, consolation and joy.

Pax et Bonum

EUCCHARISTIAE SACRAMENTUM

Sacred Congregation for Divine Worship

(Promulgating the editio typica of rites for holy communion and worship of the eucharist outside Mass, 21 June 1973.)

This is an edited selection from this Church document:

Perpetual Adoration or Exposition of the Blessed Sacrament

The document Holy Communion and Worship of the Eucharist Outside Mass indicates that some religious communities and other groups, such as pious associations of the laity, have the practice of adoring the Blessed Sacrament perpetually or for extended periods of time. In the case of adoring the Blessed Sacrament in the tabernacle, no special permission is needed for such groups to engage in these times of prayer. If the Blessed Sacrament is to be exposed in a ciborium or monstrance either perpetually or for extended periods of time, the permission of the local Ordinary is required.

Perpetual or extended times of exposition of the Blessed Sacrament may take place at certain days and times of the week as per the practice of a religious community or parish group. However, exposition may not take place during the Easter Triduum.

When permission has been given for perpetual exposition of the Blessed Sacrament to take place in a parish church, this should normally occur in a chapel that is set apart and distinct from the body of the church in order to allow for liturgical services and other daily activities to take place in the church without interruption.

During the time of exposition of the Blessed Sacrament, at least two persons must be present. At no time should the Blessed Sacrament be exposed without anyone present.

The exposition of the Blessed Sacrament behind a glass window in a tabernacle is not permitted. As well, the use of drapes or doors to separate the exposed Blessed Sacrament in the monstrance from a chapel for short periods of time or when no one will be present in the chapel does not satisfy the requirement to repose the Blessed Sacrament in a tabernacle under lock and key.

****To learn more about the Eucharistic Revival, a nationwide movement to restore understanding and devotion to this great mystery here in the United States, please see the website:**

<https://www.eucharisticrevival.org/>